

DR. JAMIE ODOM  
28029 US Hwy 27 S.  
Dundee, FL 33838  
Phone: 863-439-2911  
Fax: 863-439-2718  
[www.polkdentistry.com](http://www.polkdentistry.com)

## CARE OF TEMPORARY CROWN AND BRIDGE

1. Do not chew on the side that your temporary is on. Do not chew anything that is sticky or crunchy.
2. Tissues will be irritated for 3 - 5 days, rinse with Peridex for the next four (4) days and start Peridex rinse again for four (4) days before your appointment to have crown/bridge delivery.
3. When flossing, pull the floss through the contact. DO NOT pull the floss back up or your temporary may come off.
4. If your temporary should come off, call the office – you will need to come back in as soon as possible to have this re-cemented. During this time you may use denture adhesive (Fixodent or Polygrip) to hold the temporary in place until you can be seen in the office.
5. It is not uncommon for your tooth to be sensitive to hot or cold. If you have any swelling or your tooth starts to throb, please call the office.